



DOC is a confidential school based early intervention initiative, designed to address teenage, family and community needs.



Key Contacts:
Nuriootpa High School Wellbeing

Team:

Anne Barclay ~ Assistant Principal
Jenelle Draper ~ Counsellor
Rick Lane ~ Counsellor
Krista Zanker ~ Youth Worker
Rose Hegarty ~ Pastoral Care Worker
Natalie Axo ~ Aboriginal Education Teacher
Sandra Barth ~ Aboriginal Community Education Officer

Email : dl.0788.wellbeingteam@schools.sa.edu.au

We are extremely grateful for the support of our DOC team:

Dr Ray Goodwin ~ General Practitioner
Dr Sally Nelson ~ General Practitioner
Dr Stephan McAlindon ~ General Practitioner
Dr Danielle Zerk ~ Psychologist
Dr Kyla Trewatha ~ Psychologist
Dr Rhianon Marshall ~ Psychologist
Dr Cassie Peters ~ Psychologist

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NURIOOTPA HIGH SCHOOL



DOCTORS
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Doctors on Campus is...

DOC is an early intervention community partnership of health and education to improve the mental health and wellbeing of school students.

- ◇ Students with significant mental health and wellbeing issues are identified by the school wellbeing team and referred to the **DOC** team.
- ◇ Students are seen at school by a local doctor who makes an assessment, prepares a mental health care plan and refers the young person to a mental health clinician if needed who consults at school.



DOC is free, confidential and addresses the needs of young people and their families, creating a healthy school community. 1 in 5 people will experience mental health issues at some stage. DOC is an early intervention model to help to bring the issues of mental health into the open.

How Doc Works

A Team Approach

- ◇ A partnership agreement is in place between local health and education providers.
- ◇ School counsellors and the wellbeing team play an integral support and liaison role between student, family, doctor and mental health clinician.
- ◇ Students are recommended to see an existing family doctor if one is identified and available.
- ◇ Referrals, follow up appointments and parent contact are coordinated by school counsellors and wellbeing team.

Why Doc Works

Access

- ◇ Services are provided at the school enabling early intervention to specialised care.

Triaging

- ◇ Teachers and the wellbeing team are able to identify students at risk. School counsellors determine which students require a DOC referral and who can be managed within normal school processes.

Cost

- ◇ Referrals to the doctor are bulk billed. Psychological services are provided through an established funding model with Medicare.

Confidentiality

- ◇ DOC utilises generic appointment slips and confidential reminder and follow up processes

Outcomes Focussed

- ◇ Evidence based therapies are utilised, with interventions designed for each individual student. DOC has demonstrated significant improvement in the emotional understanding and wellbeing of students, with skills and knowledge often maintained beyond the scope of therapy.

Commitment and Coordination

- ◇ Success and sustainability of DOC requires an ongoing commitment and energy from all partners.